

University of Dammam
College of Applied Medical Sciences
Physical Therapy Department

STUDY TITLE:
Prevalence of Work-Related Musculoskeletal Disorders
Among Physical Therapists in Saudi Arabia

Participant Information Sheet

Dear Physical Therapist

You are invited to participate in a research study to determine the prevalence of work-related musculoskeletal disorders (WMSDs) among physical therapists in Saudi Arabia. The aim of this study is to ascertain the prevalence and impact of WMSDs among Physical Therapists in Saudi Arabia. This study will investigate the following sub-items:

- Distribution, prevalence and severity of WMSDs among Physical Therapists in Saudi Arabia.
- Association between specialty areas, tasks, risk factors and WMSDs.
- Strategies used by physical therapists in Saudi Arabia to minimize the effects and risks of developing WMSDs.
- Responses of physical therapists in Saudi Arabia who have developed WMSDs.
- Identification of any preventive strategies that injured physiotherapists in Saudi Arabia have adopted to prevent re-injury.

The study is being conducted by Dr Qassim I. Muaidi & Dr Alsayed A. Shanb of the College of Applied Medical Sciences, Physical Therapy Department, University of Dammam.

If you are a physical therapist and agree to participate in this study, please answer and fill in all parts of the attached questionnaire in this website: <http://www.surveymonkey.com/s/F2FRBWT>

You may be in doubt as to how to answer, but please do your best anyway. Please answer every question, even if you have never had trouble in any part of your body.

All aspects of the study, including results, will be strictly confidential, and only the investigators will have access to your information. A report of the study may be submitted for publication, but individual participants will not be identifiable in such a report.

We intend this research study to add to our medical knowledge, and believe that our findings may prevent the occurrence of WMSDs and any re-injury. The overall WMSDs among physical therapists will be identified, and this will eventually contribute to the development of intervention strategies, leading to prevention.

When you have read this information, Dr Qassim Muaidi will discuss it with you further if needed, and will answer any questions you may have. Once the study has been completed you can obtain a copy of the results from the contact address below. If you would like to know more at any stage, please feel free to contact:

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This study has been approved by the Ethics Committee of the University of Dammam.